

# APM WorkCare

## South Australian locations and staff profiles

### Referrals

**Email:** [workcare@apm.net.au](mailto:workcare@apm.net.au)

**Phone:** 1300 967 522



### Location

Level 7, 111 Gawler Place  
Adelaide SA 5000

Updated: October 2024





## APM WorkCare SA injury management staff

Contact name	Qualifications	Professional affiliation and registration	Skills and experience
 <p><b>Aaron Beck</b> Branch Manager SA M: 0461 415 217</p>	<p><b>Physiotherapist</b></p> <ul style="list-style-type: none"> <li>• Bachelor of Physiotherapy (Honours)</li> <li>• Masters of Sports and Exercise Physiotherapy</li> <li>• Masters of Musculoskeletal Physiotherapy</li> </ul>	<ul style="list-style-type: none"> <li>• Australian Health Practitioners Regulation Agency (AHRPA) PHY0001006025</li> <li>• Comcare and Department of Veteran Affairs Accreditation</li> <li>• Virtual Reality trained to provide Empowered Pain Program.</li> <li>• Mental Health First Aid qualified</li> <li>• Australian Physiotherapy Association National Advisory Council chair</li> </ul>	<p>Over 16 years' physiotherapy experience.</p> <p>Worked across multiple insurance schemes including Return to Work SA, DVA, Comcare, and Self-Insured SA companies.</p> <p>Provides proactive and outcome-focused case management services for clients with complex physical health conditions.</p> <p>Contributes to Medical Case Conferences, develops employer-specific solutions, and liaises with case managers regarding clients' work capacity during progress through Graded Return to Work plans.</p> <p>Develops strong rapport with clients, employers and case managers, including managing return to work activities in both compensable and non-compensable settings.</p> <p>Completes Functional Capacity Evaluations, Worksite and Vehicle Ergonomic Assessments.</p>
 <p><b>Veena Dahm</b> Senior Rehabilitation Consultant SA M: 0407 620 199</p>	<p><b>Occupational Therapist</b></p> <ul style="list-style-type: none"> <li>• Bachelor of Science (Occupational Therapy)</li> <li>• Graduate Certificate in OHS</li> <li>• Bachelor of Economics (Accounting)</li> </ul>	<ul style="list-style-type: none"> <li>• Australian Health Practitioners Regulation Agency (AHRPA) OCC0001749225</li> <li>• Comcare and Department of Veteran Affairs Accreditation</li> <li>• Mental Health First Aid qualified</li> </ul>	<p>Over 21 years' experience with physical work-related injuries, bringing a holistic and empathic approach.</p> <p>Experience working with complex and long-term work injuries across a range of industries including health care, corporate and industrial.</p> <p>Experience with complex psychological claims, challenging personalities, and complex physical disabilities.</p> <p>Contributes to Medical Case Conferences, develops employer-specific solutions, liaising with case managers regarding clients' work capacity during progress through Graded Return to Work plans.</p> <p>Completes Functional Capacity Evaluations, Worksite and Vehicle Ergonomic Assessments</p>

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 <p><b>Eloise Nuske</b> Return to Work Consultant / Physiotherapist SA M: 0436 845 009</p>	<p><b>Physiotherapist</b> Bachelor of Physiotherapy Master of Science in Medicine (Pain Management)</p>	<ul style="list-style-type: none"> <li>• Australian Health Practitioners Regulation Agency (AHRPA) PHY0002013516</li> <li>• Mental Health First Aid Qualified</li> <li>• Return to Work Coordinator Qualified</li> <li>• Australian Physiotherapy Association Member</li> </ul>	<p>Over 9 years of physiotherapy experience.</p> <p>Worked across multiple settings including private practice, the public outpatient system and occupational rehabilitation.</p> <p>In private practice managing a variety of MVA, DVA, RTW, NDIS clients. Treating injured workers, liaising with insurers and case managers, and coordinating a successful return to work for my patients.</p> <p>Experienced in completing Functional Capacity Evaluations and Pre-Employment Assessments.</p> <p>Provides proactive and outcome-focused case management services for clients with complex physical health conditions.</p> <p>APA Titled Pain Physiotherapist.</p> <p>Virtual reality trained to provide Empowered Pain Program.</p>
 <p><b>Bethan Trubshaw-Gaedt</b> Rehabilitation Consultant SA M: 0455 912 167</p>	<p><b>Rehabilitation Counsellor</b></p> <ul style="list-style-type: none"> <li>• Graduate Diploma of Rehabilitation Counselling</li> <li>• Bachelor of Health Science</li> </ul>	<ul style="list-style-type: none"> <li>• Accreditation with Rehabilitation Counselling Association of Australasia (RCAA) Membership number: 795</li> <li>• Comcare and Department of Veterans Affairs Accreditation</li> <li>• Mental Health First Aid qualified</li> </ul>	<p>Four years of occupational rehabilitation and workers' compensation experience.</p> <p>Worked across multiple insurance schemes including Return to Work SA, DVA, Comcare, WorkCover QLD, TAC Insurance, and National Disability Insurance Agency schemes.</p> <p>Provides proactive and outcome-focused case management services for clients with complex physical and mental health conditions.</p> <p>Provides vocational counselling services; resume building, cover letter building, interviewing skills, and job matching.</p> <p>Completion of Vocational assessment, transferable skills analysis, and labour market analysis.</p>