

# APM WorkCare

## South Australian locations and staff profiles

### Referrals

**Email:** [workcare@apm.net.au](mailto:workcare@apm.net.au)

**Phone:** 1300 967 522

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## APM WorkCare SA locations

### Adelaide


Level 7

111 Gawler Place

Adelaide SA 5000

**Phone:** 1300 967 522



## APM WorkCare SA injury management staff


Contact name	Qualifications	Professional affiliation and registration	Skills and experience
 <p><b>Aaron Beck</b> Branch Manager SA M:0461 415 217</p>	<p><b>Physiotherapist</b></p> <ul style="list-style-type: none"> <li>• Bachelor of Physiotherapy (Honours)</li> <li>• Masters of Sports and Exercise Physiotherapy</li> <li>• Masters of Musculoskeletal Physiotherapy</li> </ul>	<ul style="list-style-type: none"> <li>• Australian Health Practitioners Regulation Agency (AHRPA) PHY0001006025</li> <li>• Comcare and Department of Veteran Affairs Accreditation</li> <li>• Virtual Reality trained to provide Empowered Pain Program.</li> <li>• Mental Health First Aid qualified.</li> <li>• Australian Physiotherapy Association National Advisory Council chair</li> </ul>	<ul style="list-style-type: none"> <li>• Over 15 years' physiotherapy experience.</li> <li>• Worked across multiple insurance schemes including Return to Work SA, DVA, Comcare, and Self-Insured SA companies.</li> <li>• Provides proactive and outcome-focused case management services for clients with complex physical health conditions.</li> <li>• Contributes to Medical Case Conferences, develops employer-specific solutions, and liaises with case managers regarding clients' work capacity during progress through Graded Return to Work plans.</li> <li>• Develops strong rapport with clients, employers and case managers, including managing return to work activities in both compensable and non-compensable settings.</li> <li>• Functional Capacity Evaluations.</li> <li>• Worksite and Vehicle Ergonomic Assessments.</li> </ul>

South Australian staff profiles

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Contact name	Qualifications	Professional affiliation and registration	Skills and experience
 <p><b>Hayda Ibrahim</b> Rehabilitation Consultant SA M: 0497 457 090 *Speaks: Hazaragi</p>	<p><b>Provisional Psychologist</b></p> <ul style="list-style-type: none"> <li>Bachelor of Psychological Science (Honours)</li> </ul>	<ul style="list-style-type: none"> <li>Australian Health Practitioners Agency (AHRPA) PSY0002591670</li> <li>Comcare and Department of Veteran Affairs Accreditation</li> <li>Mental Health First Aid qualified</li> </ul>	<ul style="list-style-type: none"> <li>Three years of occupational rehabilitation and workers' compensation experience.</li> <li>Worked across multiple insurance schemes including Return to Work SA, DVA, Comcare, WorkCover QLD.</li> <li>Provides proactive and outcome-focused case management services for clients with complex mental health conditions.</li> <li>Provides vocational counselling services.</li> <li>Resume building, cover letter building, interviewing skills, and job matching.</li> <li>Completion of Vocational assessment, transferable skills analysis, and labour market analysis.</li> <li>Adjustment counselling, conflict management and resilience training.</li> <li>Psychological workplace assessments.</li> <li>Proficient in Hazaragi to support injured workers accessing culturally appropriate services.</li> </ul>
 <p><b>Bethan Trubshaw-Gaedt</b> Rehabilitation Consultant SA M: 0455 912 167</p>	<p><b>Rehabilitation Counsellor</b></p> <ul style="list-style-type: none"> <li>Graduate Diploma of Rehabilitation Counselling</li> <li>Bachelor of Health Science</li> </ul>	<ul style="list-style-type: none"> <li>Accreditation with Rehabilitation Counselling Association of Australasia (RCAA) Membership number: 795</li> <li>Comcare and Department of Veterans Affairs Accreditation</li> <li>Mental Health First Aid qualified</li> </ul>	<ul style="list-style-type: none"> <li>Three years of occupational rehabilitation and workers' compensation experience.</li> <li>Worked across multiple insurance schemes including Return to Work SA, DVA, Comcare, WorkCover QLD, TAC Insurance, and National Disability Insurance Agency schemes.</li> <li>Provides proactive and outcome-focused case management services for clients with complex physical and mental health conditions.</li> <li>Provides vocational counselling services.</li> </ul>

Contact name	Qualifications	Professional affiliation and registration	Skills and experience
			<ul style="list-style-type: none"> <li>• Resume building, cover letter building, interviewing skills, and job matching.</li> <li>• Completion of Vocational assessment, transferable skills analysis, and labour market analysis.</li> </ul>
 <p><b>Veena Dahm</b> Senior Rehabilitation Consultant SA M: 0407 620 199</p>	<p><b>Occupational Therapist</b></p> <ul style="list-style-type: none"> <li>• Bachelor of Science (Occupational Therapy)</li> <li>• Graduate Certificate in OHS</li> <li>• Bachelor of Economics (Accounting)</li> </ul>	<ul style="list-style-type: none"> <li>• Australian Health Practitioners Regulation Agency (AHRPA) OCC0001749225</li> <li>• Comcare and Department of Veteran Affairs Accreditation</li> <li>• Mental Health First Aid qualified</li> </ul>	<ul style="list-style-type: none"> <li>• Over 20 years' experience with physical work-related injuries, bringing a holistic and empathic approach.</li> <li>• Experience working with complex and long-term work injuries across a range of industries including health care, corporate and industrial.</li> <li>• Experience with complex psychological claims, challenging personalities, and complex physical disabilities.</li> <li>• Contributes to Medical Case Conferences, develops employer-specific solutions, and liaises with case managers regarding clients' work capacity during progress through Graded Return to Work plans.</li> <li>• Functional Capacity Evaluations.</li> <li>• Worksite and Vehicle Ergonomic Assessments.</li> </ul>