## **APM WorkCare**

South Australian injury management staff profiles

Referrals

Email: workcare@apm.net.au

**Phone:** 1300 967 522

APM

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## **APM WorkCare injury management staff**

| Contact name                                 | Qualifications   | Professional affiliation and registration  | Skills and experience  |
|--|--|--|--|
| Aaron Beck Branch Manager SA M: 0461 415 217 | Rehabilitation Consultant  Bachelor of Physiotherapy (Honours)  Masters of Sports and Exercise Physiotherapy  Masters of Musculoskeletal Physiotherapy | <ul> <li>Australian Health Practitioners Regulation Agency (AHRPA) PHY0001006025</li> <li>Comcare and Department of Veteran Affairs Accreditation (Pending)</li> <li>SA Branch President for the Australian Physiotherapy Association</li> </ul> | <ul> <li>Over 15 years of experience with a keen interest in occupational rehabilitation service.</li> <li>Experience as an onsite physiotherapist treating injured airline staff and developing Suitable Duty Plans in conjunction with the worker, employer and rehabilitation consultants.</li> <li>Experience treating injured workers, liaising with insurers and case managers regarding patients' work capacity, contributing to case conferences, progressing individual hydrotherapy and gym-based exercise rehabilitation programs, and coordinating return to work for complex and post-surgical patients.</li> </ul> |



| Contact name  | Qualifications   | Professional affiliation and registration   | Skills and experience  |
|---|--|---|--|
| Bethan Trubshaw-<br>Gaedt<br>Rehabilitation<br>Consultant SA<br>M: 0455 912 167   | Rehabilitation Consultant<br>Graduate Diploma of<br>Rehabilitation Counselling<br>Bachelor of Health Science | <ul> <li>Accreditation with Rehabilitation         Counselling Association of Australasia         (RCAA) Membership number: 795</li> <li>DVA Accreditation</li> </ul> | <ul><li>Vocational assessments</li><li>Psychological injuries</li><li>Early intervention</li></ul>   |
| Hayda Ibrahimi Rehabilitation Consultant SA M: 0497 457 090 Also speaks: Hazaragi | Rehabilitation Counsellor Psychology Honours Bachelor of Psychological Science                               | <ul> <li>Australian Health Practitioners Agency<br/>(AHRPA) PSY0002591670</li> <li>Comcare and Department of Veteran<br/>Affairs Accreditation</li> </ul>             | <ul> <li>Wellbeing support:</li> <li>Provides holistic support.</li> <li>Advocates for Health Benefits of Good Work.</li> <li>Assists in goal setting and recovery plans for effective return to work.</li> <li>Provides bilingual support - proficient in Hazaragi.</li> <li>Experienced with supporting minority groups to access support and services.</li> <li>Adjustment counselling, conflict management and resilience training.</li> <li>Assessments:</li> <li>Psychological workplace assessments.</li> <li>Motivational and vocational assessments and counselling.</li> </ul> |

