

# Unlock the full benefits of APM in Australia



## **At APM, we believe collaboration and shared resources are the keys to unlocking unprecedented success for businesses and their employees.**

By partnering with APM, businesses receive access to comprehensive, outcome-focused services to support their employees and to manage premium costs.

### **These include:**

- occupational rehabilitation
- mental health and wellbeing
- organisational psychology consulting
- allied health clinics
- vocational education

Our extensive range of businesses within the APM Group are well-equipped to cater to the varied needs of organisations across Australia through a seamless and supportive approach.

These businesses provide innovative, bespoke solutions to help businesses build safe and healthy workplaces, and support team members and their families with holistic wellbeing and learning outcomes, adding value and benefit.

**Learn more about how APM can support you and your clients.**

## Workplace rehabilitation

### APM WorkCare

APM WorkCare has over 30 years of expertise in helping Australian businesses maintain safe and productive workplaces and assisting injured workers to return to work. With offices in every state across Australia, APM WorkCare can support businesses nationally to ensure a consistent service and sustainable return to work outcomes. Their nationwide coverage also supports access to a network of treating parties and host employers to facilitate proactive recovery and rehabilitation for clients.

[apm.net.au/workcare](http://apm.net.au/workcare)



## Mental health and wellbeing

### Assure

Assure stands out as one of Australia's leading Employee Assistance Program (EAP) providers specialising in mental health and wellbeing. They are committed to providing coaching, counselling, and comprehensive wellbeing support to employees and their families. Assure's services encompass five key pillars of wellbeing - emotional, social, physical, financial and career. This includes mental health, legal, financial, and diet-related support. They also extend their services to managers, offering coaching and critical incident response in times of need. With a digital Wellbeing Gateway, Assure ensures convenient access to the resources and guidance needed for a holistic approach to mental health.

[assureprograms.com.au](http://assureprograms.com.au)



## Organisational psychology consulting

### Communicorp

Communicorp specialises in the development of positive workplace mental health, wellbeing, and resilience capabilities across Australia and New Zealand. Their strategic advice and consulting solutions have a genuine impact on performance and wellbeing. Services offered by Communicorp include training and workshops, proactive wellbeing coaching, psychosocial risk services, bespoke mental health consulting, and early intervention psychological services. With a national presence and a focus on training, Communicorp is dedicated to fostering healthy and productive work environments.

[communicorp.com.au](http://communicorp.com.au)



[apm.net.au/workcare/broker](http://apm.net.au/workcare/broker)

## Allied health clinics

### Biosymm

Biosymm is a highly respected medical and physiotherapy consultancy specialising in occupational health and safety. Their approach is characterised by consistency, coordination and thoroughness in injury management and ergonomic risk reduction. Biosymm's primary mission is to prevent unnecessary costs, reduce lost work time, and alleviate individual suffering. They provide both onsite and in-clinic support.

[biosymm.com](http://biosymm.com)

### Lifecare

Lifecare stands at the forefront of physiotherapy and sports medicine, boasting over 50 locations nationwide. Their team of highly skilled physiotherapists and allied health professionals cater to individuals across all age groups, from children to the elderly. Lifecare's extensive range of services covers occupational and sports rehabilitation, paediatric and adult physiotherapy, exercise physiology, sports medicine, hydrotherapy, podiatry, hand therapy, clinical Pilates, remedial massage and dietetics. With a strong focus on optimising physical health and wellbeing, Lifecare is dedicated to ensuring individuals of all walks of life lead their best, most active lives.

[lifecare.com.au](http://lifecare.com.au)

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## Vocational education

### MCI Solutions

MCI is a multi-award-winning learning solutions consultancy that specialises in learning design, development and delivery. They provide consultation services to private, public, and government organisations, addressing skill gaps, upskilling employees and increasing team capacity. MCI Solutions offers a range of services including learning consultancy, live virtual classroom subscriptions, eLearning content, public virtual courses, and in-person courses. With a focus on enhancing organisational learning and development, MCI Solutions is dedicated to empowering teams to thrive in today's dynamic work environment.

[mci.edu.au](http://mci.edu.au)

[apm.net.au/workcare/broker](http://apm.net.au/workcare/broker)

The Biosymm logo consists of the word "Biosymm" in a bold, blue, sans-serif font.The lifecare logo features the word "lifecare" in a lowercase, sans-serif font. "life" is in blue and "care" is in green.The MCI Solutions logo features a stylized icon of a building or structure to the left of the text "mci solutions". "mci" is in a bold, black, sans-serif font, and "solutions" is in a regular, black, sans-serif font.The APM logo features the letters "APM" in a large, bold, orange, sans-serif font. Below the letters are three horizontal bars of varying lengths, colored blue, orange, and blue. Underneath the bars is the tagline "enabling better lives" in a smaller, black, sans-serif font.