## **APM WorkCare**

Western Australian locations and staff profiles

Referrals

Email: workcare@apm.net.au

**Phone:** 1300 967 522

Updated: March 2024



## **APM WorkCare WA locations**

**West Perth** 

Level 1, 56 Ord Street West Perth, WA 6005 **Phone:** 1300 967 522 Karratha

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## **APM WorkCare WA injury management staff**

Contact name		Qualifications	Professional affiliation and registration	Skills and experience
	<b>Lauren Cooley</b> Regional Manager WA	Occupational Therapist     Bachelor of Science     Occupational Therapy     Graduate Certificate in     Management	<ul> <li>AHPRA Registered         Occupational Therapist</li> <li>Comcare accredited</li> <li>Accredited to conduct FCE's         (PWPE)</li> </ul>	Occupational rehab expertise: Nine years in workers' compensation and rehabilitation.  Leadership and assessments: Leads a team, conducts assessments and training.  Comprehensive case management: Tailored training, complex cases, customer management. Served Broome, WA, and Kimberley regions since 2021.
	Jacqui Baldrey Team Manager WA	Exercise Physiologist Bachelor of Science – Exercise Physiology	<ul> <li>ESSA – Exercise and Sports Science Australia</li> <li>AEP accredited</li> <li>Comcare accredited</li> <li>Mental Health First Aid trained</li> </ul>	Experienced in vocational rehabilitation and complex case management: Complex claims management experience with a focus on identifying and overcoming biopsychosocial barriers through extensive collaboration with stakeholders and treating health professionals.  Specialises in large and high profile employers: Previous experience working within the occupational health industry providing services in the government, resources and private industry sectors.  Management and Strategy: Managing a multi-disciplinary team of rehabilitation consultants, providing strategic support on complex claims and ensuring the business delivers quality service and meets customer performance indicators.



Contact name	e	Qualifications	Professional affiliation and registration	Skills and experience
	<b>Rick Wallis</b> Team Manager WA	Exercise Physiologist Bachelor of Science Exercise Physiology	<ul> <li>ESSA- Exercise and Sports Science Australia</li> <li>AEP accredited</li> <li>Comcare accredited</li> <li>Mental Health First Aid train</li> </ul>	8 years extensive experience in exercise physiology and workers' compensation across various schemes in WA, NSW, and Comcare.  Expertise in vocational rehabilitation including same and new employer return to work programs, worksite assessments, and task analysis.  Specialised in tailored rehabilitation: Planning, complex case management and effective communication with stakeholders for clients with diverse needs.  Proficient in interpreting medical information for customised plans.
	Ashby Gordon Rehabilitation Consultant WA	Occupational Therapist Bachelor of Science Occupational Therapy	<ul> <li>AHPRA Registered</li> <li>Mental Health First Aid trained</li> <li>Comcare accredited</li> </ul>	Psychological interventions: CBT, ACT, behavioural schema, stress management, workplace counselling.  Assessment and intervention: Psychometrics, risk assessments, social skills training.  Case management and support: Manages return to work. Proficient in vocational assessments.
	Rebecca McEvoy Team Manager WA - Karratha	<ul> <li>Exercise Physiologist</li> <li>Bachelor of Science, Exercise and Health</li> <li>Bachelor of Exercise Rehabilitation Science</li> </ul>	Registered Exercise Physiologist with ESSA	Extensive professional experience: Over 20 years' experience; 16 in vocational rehab and leadership.  Comprehensive rehabilitation expertise: Conducts detailed initial assessments across various legislative systems.  Proactive case management: Specialises in worksite assessments, complex claims, and functional evaluations. Provides tailored exercise programs, manual handling training, and accommodation assessments.



Contact name	9	Qualifications	Professional affiliation and registration	Skills and experience
	Adam Holdsworth Senior Rehabilitation Consultant	<ul> <li>Exercise Physiologist</li> <li>Bachelor of Science, Exercise and Health, Human Movement</li> <li>Bachelor of Commerce, Management and Human Resource Management</li> <li>Graduate Diploma of Science, Exercise Rehabilitation</li> </ul>	<ul> <li>ESSA Accredited Exercise         Physiologist     </li> <li>ESSA Accredited Exercise         Scientist     </li> </ul>	Diverse clinical experience: Over seven years with various health conditions.  Compensatory scheme proficiency: Skilled in workers' compensation, NDIS, Medicare, DVA.  Comprehensive case management: Expertise in complex cases and return to work activities.
	Simran Choudhary Senior Rehabilitation Consultant	<ul> <li>Bachelor of Physiotherapy</li> <li>Bachelor of Ergonomics</li> <li>Diploma of occupational health and safety</li> </ul>	<ul> <li>AHPRA Registered</li> <li>Mental Health First Aid trained.</li> <li>Comcare accredited</li> <li>Trained to complete Virtual Reality Pain Program.</li> </ul>	Extensive clinical experience: over 18 years in musculoskeletal injuries and chronic pain, mindset coaching.  Expertise in proactive injury prevention: health and safety experience / specialist ergonomics in manufacturing and logistics industries.  Collaborative case management approach in worker's compensation, DVA. Proficient at ergonomics assessments, manual handling training, task analysis.  Special interest: mental health and chronic pain.



Contact name		Qualifications	Professional affiliation and registration	Skills and experience
	<b>Lalit Sharma</b> Senior Rehabilitation Consultant	Occupational Therapist     Bachelor of Science     Occupational Therapy	AHPRA Registered     Occupational Therapist	Conduct client assessments, develop and execute treatment plans for concussion management and independence after injuries, collaborate on safe return-to-work plans, and manage comprehensive caseloads with goal setting and multidisciplinary meetings.
				Develop and implement <b>personalised service plans</b> for individuals with brain injuries and mental health issues, supervise staff, manage high-needs residential sites, coordinate household tasks, and support clients in developing essential life skills.
				<b>Conduct assessments and</b> treatments to improve physical strength and mobility, develop individualized plans, collaborate with healthcare professionals, and implement tailored physiotherapy programs.
	Tiarne Barnett	Joining soon		
	Lead Consultant			

