

# APM WorkCare

## Western Australian locations and staff profiles

### Referrals

**Email:** [workcare@apm.net.au](mailto:workcare@apm.net.au)

**Phone:** 1300 967 522

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## APM WorkCare WA locations

### West Perth

Level 1, 56 Ord Street  
West Perth, WA 6005  
**Phone:** 1300 967 522

### Karratha

**Phone:** 1300 967 522



Western Australian staff profiles

**Email:** [workcare@apm.net.au](mailto:workcare@apm.net.au) **Phone:** 1300 967 522







# APM WorkCare WA injury management staff

Contact name	Qualifications	Professional affiliation and registration	Skills and experience
 <p><b>Lauren Cooley</b> Regional Manager</p>	<p><b>Occupational Therapist</b></p> <ul style="list-style-type: none"> <li>• Bachelor of Science Occupational Therapy</li> <li>• Graduate Certificate in Management</li> </ul>	<ul style="list-style-type: none"> <li>• AHPRA Registered Occupational Therapist</li> <li>• Comcare accredited</li> <li>• Accredited to conduct FCE's (PWPE)</li> </ul>	<p><b>Over nine years occupational rehab expertise</b> in workers' compensation and injury management.</p> <p><b>Leadership and assessments:</b> Leads a team with a strong focus on proactive and strategic case management. Conducts assessments and training.</p> <p><b>Comprehensive case management:</b> Tailored training, complex cases, customer management and prior experience working servicing Broome and remote areas within the Kimberley.</p>
 <p><b>Jacqui Baldrey</b> Team Manager WA</p>	<p><b>Exercise Physiologist</b></p> <p>Bachelor of Science – Exercise Physiology</p>	<ul style="list-style-type: none"> <li>• ESSA – Exercise and Sports Science Australia</li> <li>• AEP accredited</li> <li>• Comcare accredited</li> <li>• Mental Health First Aid trained</li> </ul>	<p><b>Experienced in vocational rehabilitation and complex case management:</b> Complex claims management experience with a focus on identifying and overcoming biopsychosocial barriers through extensive collaboration with stakeholders and treating health professionals.</p> <p><b>Specialises in large and high profile employers:</b> Previous experience working within the occupational health industry providing services in the government, resources and private industry sectors.</p> <p><b>Management and strategy:</b> Managing a multi-disciplinary team of rehabilitation consultants, providing strategic support on complex claims and ensuring the business delivers quality service and meets customer performance indicators.</p>

Contact name	Qualifications	Professional affiliation and registration	Skills and experience
 <p><b>Rick Wallis</b> Team Manager WA</p>	<p><b>Exercise Physiologist</b> Bachelor of Science, Exercise Physiology</p>	<ul style="list-style-type: none"> <li>• ESSA- Exercise and Sports Science Australia</li> <li>• AEP accredited</li> <li>• Comcare accredited</li> <li>• Mental Health First Aid trained</li> </ul>	<p><b>Over eight years of extensive experience</b> in exercise physiology and workers' compensation across various schemes in WA, NSW, and Comcare.</p> <p><b>Expertise in vocational rehabilitation</b> including same and new employer return to work programs, worksite assessments, and task analysis.</p> <p><b>Specialised in tailored rehabilitation:</b> Planning, complex case management and effective communication with stakeholders for clients with diverse needs. Proficient in interpreting medical information for customised plans.</p>
 <p><b>Rebecca McEvoy</b> Team Manager WA - <u>Karratha</u></p>	<p><b>Exercise Physiologist</b></p> <ul style="list-style-type: none"> <li>• Bachelor of Science, Exercise and Health</li> <li>• Bachelor of Exercise, Rehabilitation Science</li> </ul>	<ul style="list-style-type: none"> <li>• ESSA Accredited Exercise Physiologist</li> <li>• ESSA Accredited Exercise Scientist</li> <li>• Comcare Accredited</li> <li>• Mental Health First Aid trained</li> <li>• DVA registered</li> </ul>	<p><b>Over 20 years of extensive professional experience;</b> 17 in vocational rehabilitation and leadership.</p> <p><b>Comprehensive rehabilitation expertise:</b> Conducts detailed initial assessments across various legislative systems. Extensive experience working in remote communities in WA and NT and building local networks.</p> <p><b>Proactive case management:</b> Specialises in worksite assessments, complex claims, and functional evaluations. Provides tailored exercise programs, manual handling training, and accommodation assessments.</p>

Contact name	Qualifications	Professional affiliation and registration	Skills and experience
 <p><b>Adam Holdsworth</b> Senior Rehabilitation Consultant WA</p>	<p><b>Exercise Physiologist</b></p> <ul style="list-style-type: none"> <li>• Bachelor of Science, Exercise and Health, Human Movement</li> <li>• Bachelor of Commerce, Management and Human Resource Management</li> <li>• Graduate Diploma of Science, Exercise Rehabilitation</li> </ul>	<ul style="list-style-type: none"> <li>• ESSA Accredited Exercise Physiologist</li> <li>• ESSA Accredited Exercise Scientist</li> <li>• Comcare Accredited</li> <li>• Mental Health First Aid trained</li> <li>• DVA registered</li> </ul>	<p><b>Over eight years of experience</b> working with older adults with various health and musculoskeletal conditions within clinical and occupational rehabilitation roles.</p> <p><b>Compensatory scheme proficiency:</b> Skilled in workers' compensation, NDIS, Medicare, DVA.</p> <p><b>Comprehensive case management:</b> Expertise in complex cases and proactive return to work activities. Highly effective communication ensuring all stakeholders are informed of progress throughout case with a strategic focus.</p> <p><b>Experienced with injury prevention services:</b> pre-employment medicals, fitness for works and functional assessments.</p>
 <p><b>Simran Choudhary</b> Senior Rehabilitation Consultant WA</p>	<p><b>Physiotherapist</b></p> <ul style="list-style-type: none"> <li>• Bachelor of Physiotherapy</li> <li>• Bachelor of Ergonomics</li> <li>• Diploma of occupational health and safety</li> </ul>	<ul style="list-style-type: none"> <li>• AHPRA Registered</li> <li>• Mental Health First Aid trained</li> <li>• Comcare accredited</li> <li>• Trained to complete <b>Virtual Reality Pain Program</b></li> </ul>	<p><b>Over 18 years of extensive clinical experience</b> in musculoskeletal injuries and chronic pain, mindset coaching.</p> <p><b>Expertise in proactive injury prevention:</b> health and safety experience/specialist ergonomics in manufacturing and logistics industries.</p> <p><b>Collaborative case management approach</b> in worker's compensation, DVA. Highly skilled at ergonomics assessments, workplace assessments, manual handling training, task analysis.</p> <p><b>Special interest:</b> mental health and chronic pain.</p>

Contact name	Qualifications	Professional affiliation and registration	Skills and experience
 <p><b>Ashby Gordon</b> Rehabilitation Consultant WA</p>	<p><b>Occupational Therapist</b> Bachelor of Science Occupational Therapy</p>	<ul style="list-style-type: none"> <li>• AHPRA Registered</li> <li>• Mental Health First Aid trained</li> <li>• Comcare accredited</li> </ul>	<p><b>Assessment and intervention:</b> highly experienced at completed ADL assessments and workplace assessments for assistive equipment, workplace or duties modifications.</p> <p><b>Case management and support:</b> Manages Same Employer and New Employer return to work programs.</p> <p><b>Excellent communication</b> and prioritises education in all interactions to ensure strategic management of cases.</p>
 <p><b>Tiarne Barnett</b> Lead Consultant WA</p>	<p><b>Exercise Physiologist</b> Bachelor of Science – Exercise Science &amp; Rehabilitation  Masters of Exercise Science – Strength &amp; Conditioning</p>	<ul style="list-style-type: none"> <li>• ESSA Accredited Exercise Physiologist</li> <li>• ESSA Accredited Exercise Scientist</li> <li>• Mental Health First Aid trained</li> <li>• Comcare accredited</li> <li>• DVA registered</li> </ul>	<p><b>10 years of experience in occupational rehabilitation</b> developing expertise across workers' compensation and veteran affairs programs.</p> <p><b>Highly skilled in complex case management</b> and addressing biopsychosocial barriers through extensive collaboration with stakeholders and healthcare professionals.</p> <p><b>Functional Capacity Evaluations and Exercise Program Assessments</b> to optimise targeted rehabilitation and improve functional recovery post-injury.</p>

Contact name	Qualifications	Professional affiliation and registration	Skills and experience
 <p><b>Lalit Sharma</b> Senior Rehabilitation Consultant WA</p>	<p><b>Occupational Therapist</b></p> <ul style="list-style-type: none"> <li>• Bachelor of Science Occupational Therapy</li> <li>• Bachelor of Sports Medicine and Physiotherapy</li> </ul>	<ul style="list-style-type: none"> <li>• AHPRA Registered Occupational Therapist</li> <li>• Mental Health First Aid trained</li> <li>• Comcare accredited</li> <li>• DVA registered</li> </ul>	<p><b>Assessment and intervention:</b> experience working across WA workers' compensation and New Zealand compensation schemes. Highly skilled to develop and execute rehabilitation plans for concussion management and independence after injuries, collaborate on safe return to work plans, and manage comprehensive caseloads with goal setting and engage in multidisciplinary meetings.</p> <p><b>Conduct comprehensive assessments</b> including ADLs, Ergonomics and Worksite Assessments and provide evidence based recommendations to support a return to work and everyday function.</p>
 <p><b>Mellisa Fletcher</b> Rehabilitation Consultant WA <i>Previous experience working in Darwin, NT.</i></p>	<p><b>Registered Nurse</b> Bachelor of Nursing</p>	<ul style="list-style-type: none"> <li>• AHPRA Registered Nurse</li> <li>• Comcare Accredited</li> <li>• DVA Registered</li> <li>• Mental Health First Aid Trained</li> </ul>	<p><b>Over four years of professional experience</b> working with a range of clients and health conditions including musculoskeletal injuries, chronic and complex diseases, chronic pain, cardiac and pulmonary conditions, neurological conditions and mental health.</p> <p>Highly skilled in <b>consulting and coordinating with allied health care professionals</b> to plan, implement and evaluate client treatment and recovery plans.</p> <p>Providing proactive and outcome focused case management of complex cases and managing return to work activities in compensable and non-compensable settings, physical and psychological injuries across <b>Workers' Compensation and military schemes.</b></p>