# **APM WorkCare**

New South Wales and Australian Capital Territory locations and staff profiles

Referrals

Email: workcare@apm.net.au

**Phone:** 1300 967 522

Updated: October 2023



## **APM WorkCare NSW locations**

## Campbelltown

Ground Floor Shop 1 167-169 Queen Street Campbelltown NSW 2560

**Phone:** 1300 967 522

#### **Canberra**

Level 1 Suite 1.02 54 Marcus Clarke Street Canberra ACT 2601 **Phone:** 1300 967 522

### **Dee Why**

Unit 3b 32 Fisher Road
Dee Why NSW 2099
Phone: 1300 967 522

#### **Maitland**

Suite 1G 395 High Street Maitland NSW 2320 **Phone:** 1300 967 522

### **Parramatta**

Suite 4 Ground Floor 1-3 Fitzwilliam Street Parramatta NSW 2150 **Phone:** 1300 967 522

## Newcastle

Unit 1A Hunter Street Newcastle West NSW 2302 **Phone:** 1300 967 522

## **Sydney**

Suite 2 Suite 201 56 Clarence Street Sydney NSW 2000 **Phone:** 1300 967 522

#### **Tweed Heads South**

Shops 11 & 12 2-8 Blundell Boulevard Tweed Heads South NSW 2486 **Phone:** 1300 967 522

## Wollongong

Level 3, Area 2, 43 Burelli Street Wollongong NSW 2500 **Phone:** 1300 967 522



## **APM WorkCare NSW injury management staff**

Contact name		Qualifications	Professional affiliation and registration	Skills and experience
	<b>Ben Humphreys</b> Regional Manager NSW/ACT M: 0473 243 729	<ul> <li>Rehabilitation Counsellor</li> <li>B.A. Psychology</li> <li>Post Grad Dip (Psychology)</li> </ul>	ASORC – Full Member: (12037)	<ul> <li>Over eight years of experience as a rehabilitation counsellor with a focus on promoting the Health Benefits of Good Work.</li> <li>Extensive background in managing occupational rehabilitation teams for seven years.</li> <li>Expertise in providing clinically guided counselling interventions, comprehensive occupational rehabilitation across various insurance schemes, and offering training in mental health, leadership, work health and safety, and injury prevention.</li> </ul>
	Elzanne Schipper Senior Rehabilitation Consultant NSW	Occupational Therapist BOccTher (UP)	AHPRA Registered Occupational Therapist (OCC0002648033)	<ul> <li>Over eight years of experience as an occupational therapist, specialising in holistic biopsychosocial rehabilitation principles across diverse insurance schemes.</li> <li>Proactively involved in individualised return to work plans, ensuring effective communication with all key stakeholders.</li> <li>Proficient in conducting a wide range of assessments including workplace, ergonomic, functional, and activities of daily living assessments.</li> <li>Additionally, experienced in medico-legal assessments and accessibility audits, with expertise in upper limb therapy and fitness to drive assessments. Advocates for the Health Benefits of Good Work.</li> </ul>

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Contact name		Qualifications	Professional affiliation and registration	Skills and experience
	Juliet Vesely Senior Rehabilitation Consultant NSW	Exercise Physiologist  B. Exercise Physiology	Exercise Sports Science Australia (ESSA)	<ul> <li>Helping people return to independence, life and work through good communication, planning and goal setting.</li> <li>Case management services for physical injury.         Completing workplace and ergonomic assessments, utilising my strong understanding of biomechanics to implement strategies and education for injury management and prevention.     </li> <li>Understanding the whole person using a bio-psychosocial approach to injury management and rehabilitation.</li> <li>Helping people understand complex medical information and proposed treatment plans so that they can make better informed decisions and take control of their recovery.</li> </ul>
	Kate Doyle Rehabilitation Consultant NSW M: 0437 540 041	<ul> <li>Rehabilitation Counsellor</li> <li>Master of Rehabilitation         Counselling</li> <li>Graduate Diploma in Human         Services</li> <li>Bachelor of Social Science         (HR Development)</li> <li>Certificate IV Trainer and         Assessor</li> </ul>	Rehabilitation Counselling Association of Australia (RCAA)	<ul> <li>Vocational rehabilitation and return to work support.</li> <li>Case management, including psychological conditions.</li> <li>Proactive and outcome focused case management.</li> <li>Liaising with multidisciplinary support teams and multiple stakeholders.</li> <li>Career transition and redeployment support.</li> <li>Extensive knowledge of vocational education, workforce development and labour market issues.</li> <li>Experience engaging, facilitating, and managing industry stakeholder groups (peak bodies, employers, unions and government).</li> </ul>



Contact name	•	Qualifications	Professional affiliation and registration	Skills and experience
	Orlaith O'Neill Rehabilitation Consultant NSW	Physiotherapist BSc. Physiotherapy	AHPRA Registered Physiotherapist (PHY0002638405)	<ul> <li>Over three years of professional experience as a physiotherapist.</li> <li>Providing clinically guided, best practice interventions that promote holistic biopsychosocial rehabilitation.</li> <li>Proactive involvement with client's respective individualised return to work, facilitated through essential collaborative communication with all key stakeholders.</li> <li>Client education surrounding appropriate ergonomic set up for both workplace and work from home.</li> <li>Ability to build rapport and manage competing stakeholder interests.</li> <li>Promotion of the Health Benefits of Good Work.</li> </ul>
	Priyanka Dulabh Senior Rehabilitation Consultant NSW	Physiotherapist BSc. Physiotherapy (UWC)	AHPRA Registered Physiotherapist (PHY0002631665)	<ul> <li>Over seven years of experience as a physiotherapist.</li> <li>Providing assessments and treatments to clients presenting with various injuries and conditions.</li> <li>Providing group therapy and individual rehabilitation classes, assisting clients to return to their highest functioning level.</li> <li>Proactive approach with client's, their recovery and their return to activities of daily living.</li> <li>Collaborating and communicating with the multidisciplinary team to provide clients with an all rounded, holistic treatment.</li> <li>Ability to build a rapport with the client and other treating parties.</li> </ul>



Contact name		Qualifications	Professional affiliation and registration	Skills and experience
	Jill Weekes Lead Consultant NSW	Physiotherapist, Health and Wellness coach  Bachelor of Applied Science (Physiotherapy)  Masters of Management  Health and Wellness Coaching	AHPRA Registered Physiotherapist	<ul> <li>Over 32 years of experience as a physiotherapist, specialising in evidence-based interventions for recovery and return to work.</li> <li>Expertise in providing comprehensive care for individuals with complex physical and psychological injuries and illnesses.</li> <li>Strong emphasis on building rapport, proactive communication with stakeholders, and conducting tailored workplace assessments, while advocating for the positive impact of work.</li> </ul>
	<b>Emily Wiechmann</b> Team Leader NSW	Rehabilitation Counsellor	ASORC Comcare registered	Over 17 years of experience
	Megan Northey Rehabilitation Consultant NSW	Exercise Physiologist BAppSc (Exercise Physiology)	Exercise Sports Science Australia (ESSA) – Full Member (AES & AEP) - 17735	<ul> <li>Worked in workers' compensation since 2017.</li> <li>Skills and expertise in workplace assessments, medical case conferencing, return to work management and planning and functional capacity evaluation assessments.</li> <li>Also experience and skilled in return to work coordination, ergonomic assessments, CTP Insurance schemes and Department of Veteran Affairs (DVA).</li> <li>Appreciates the complexities of workplace injuries, both physical and psychological, and understands the importance of a collaborative approach with all stakeholders involved on a claim to achieve the desired outcome.</li> </ul>

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Contact name	Qualifications	Professional affiliation and registration	Skills and experience
Jonathon Klusch Rehabilitation Consultant NSW	<ul> <li>Provisional Psychologist</li> <li>Bachelor of Biochemistry</li> <li>Master of Nutrition</li> <li>Master of Psychology</li> </ul>	AHPRA Provisional Psychologist – PSY0002596564	<ul> <li>Experienced, all-encompassing care of individuals with wide-ranging complex physical and psychological injuries and illnesses.</li> <li>Providing evidence-based, best-practice physical and psychological interventions that promote improvements to the client's health and RTW.</li> <li>Delivering biopsychosocial health coaching to clients across Australia to improve their overall wellbeing and quality of life.</li> </ul>
Adrian Tsopanis Rehabilitation Consultant NSW	<ul> <li>Exercise Physiologist</li> <li>Bachelor of Health Science (Sports and Exercise)</li> <li>Masters of Clinical Exercise Physiology</li> </ul>	ESSA	<ul> <li>Over one year of professional experience as a rehabilitation consultant with APM.</li> <li>Ability to build and keep rapport with stakeholders on a case.</li> <li>Four months clinical experience with clients who have sustained musculoskeletal based injuries.</li> </ul>
James Mee Branch Manager Rehabilitation Consultant NSW	Rehabilitation Counsellor Registered Nurse (Division 1)  Bachelor of Science (Nursing)  Master of Business Administration  Diploma Rehabilitation Counselling	<ul> <li>ASORC – Full Member (10566)</li> <li>AHPRA Registration no NMW0001286299</li> </ul>	<ul> <li>Achieve positive outcomes for complex long-standing claims with concurrent physical and psychological presentations.</li> <li>Provision of occupational rehabilitation across workers' insurance, CTP, life insurance, Comcare and DVA schemes.</li> <li>Development and provision of market-leading return to work planning, functional reviews and case conferencing to ensure a safe and durable RTW.</li> <li>Understanding of business-to-business relationship management, business development, and account management.</li> <li>Ability to build rapport and manage competing stakeholder interests.</li> </ul>

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Contact name		Qualifications	Professional affiliation and registration	Skills and experience
	<b>Gillian Mee</b> Senior Rehabilitation Consultant NSW	Rehabilitation Counsellor Registered Nurse (Division 1)  Post Graduate Diploma Rehabilitation Counselling Registered General and Psychiatric Nurse	<ul><li>AHPRA</li><li>ASORC</li><li>Comcare registered</li></ul>	<ul> <li>Over 30 years' professional experience as a rehabilitation counsellor.</li> <li>Over 20 years' experience in managing occupational rehabilitation teams.</li> <li>Promotion of the Health Benefits of Good Work practices.</li> <li>Providing training to organisational customers in Work Health and Safety and Workplace Behaviour.</li> </ul>
	Peta Roberts Rehabilitation Consultant NSW	Occupational Therapist	<ul><li>AHPRA</li><li>Comcare registered</li></ul>	Over 26 years of experience
	Mel Potter Rehabilitation Consultant NSW	<ul> <li>Exercise Physiologist</li> <li>Bachelor of Exercise and Sport Science</li> <li>Master of Clinical Exercise Physiology</li> </ul>	<ul> <li>Accredited Exercise         Physiologist, ESSA (44352)     </li> <li>Accredited Exercise         Scientist, ESSA (44352)     </li> <li>Comcare Accredited</li> <li>Mental Health First         Aid     </li> </ul>	<ul> <li>Occupational rehabilitation assessment and ongoing management of physical injury cases to achieve return to work goals.</li> <li>Provision of initial needs assessments, workplace assessment and ergonomic assessments.</li> <li>Exposure to NSW Workers' Compensation Schemes.</li> <li>Early Intervention Assessments and Early Intervention Programs.</li> </ul>
	Mara Bennett Rehabilitation Consultant NSW *Based in Brisbane	Physiotherapist	AHPRA Comcare registered	Over four years of experience



Contact name		Qualifications	Professional affiliation and registration	Skills and experience
	Maggie Arslan Employment Consultant NSW	Employment Consultant		Over 10 years of experience
	Anthony Campbell Rehabilitation Consultant NSW	Occupational Therapist	AHPRA	Over two years of experience
	Rehabilitation Consultant NSW  Bachelor of Health Sciences (Honours), Majoring in Rehabilitation Counselling and Sports Counselling		<ul> <li>Comcare – Workplace         Rehabilitation Provider         Training</li> <li>Department of         Defence – ADF         Rehabilitation Program</li> <li>Department of Veteran         Affairs – Rehabilitation         Program</li> <li>Rehabilitation         Counselling Association         of Australasia         Registration (ASORC),         Number: 12720</li> </ul>	<ul> <li>Occupational rehabilitation assessment and ongoing management of both physical and psychological injury cases to achieve return to work goals.</li> <li>Experience with working within workers compensation schemes and third-party motor accident insurers.</li> <li>Exposure to NSW, and ACT Workers' Compensation Schemes.</li> <li>Psychological worksite assessments and development of graded return to work programs for a combination of psychological and physical injuries/conditions.</li> </ul>



Contact name	Qualifications	Professional affiliation and registration	Skills and experience
Ryan McLennan Rehabilitation Consultant NSW	<ul> <li>Exercise Physiologist</li> <li>Bachelor of Exercise Science</li> <li>Master of Clinical Exercise Physiology</li> </ul>	ESSA – Full Member (22081)	<ul> <li>Over two years of professional experience as an exercise physiologist.</li> <li>Facilitating exercise in clients with a wide range of disabilities.</li> <li>Understanding of the workers' compensation scheme from both an exercise physiologist, and rehabilitation consultant perspective.</li> <li>Strong communication skills with all stakeholders to facilitate an amicable return to work process with all parties.</li> </ul>



## **APM WorkCare ACT locations**

## Canberra

Level 1 Suite 1.02 54 Marcus Clarke Street Canberra ACT 2601

**Phone:** 1300 967 522

## **APM WorkCare ACT injury management staff**

Contact name	Qualifications	Professional affiliation and registration	Skills and experience
201111011110111011101110111011101110111	Rehabilitation Counsellor  B.A. Psychology Post Grad Dip (Psychology)	ASORC – Full Member: (12037)	<ul> <li>Over eight years of experience as a rehabilitation counsellor with a focus on promoting the Health Benefits of Good Work.</li> <li>Extensive background in managing occupational rehabilitation teams for seven years.</li> <li>Expertise in providing clinically guided counselling interventions, comprehensive occupational rehabilitation across various insurance schemes, and offering training in mental health, leadership, work health and safety, and injury prevention.</li> </ul>

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Contact nam	e	Qualifications	Professional affiliation and registration	Skills and experience
	Jung Chung Lead Consultant ACT	Rehabilitation Counsellor and Occupational Therapist  Master of OT Graduate Diploma in Rehabilitation Counselling Bachelor of Health Science (Physio) Mental Health First Aid Physical Work Performance Evaluation Ergo science	<ul> <li>Australian Health Practitioner Regulation Agency, registration Number: OCC0002074926</li> <li>Comcare – Workplace Rehabilitation Provider Training, Comcare Number: 2050</li> <li>Rehabilitation Counselling Association of Australasia Registration, Number: 268</li> <li>DVA Rehabilitation Provider</li> </ul>	<ul> <li>Case management: Provision of workplace rehab and complex case management services for both compensable and non-compensable injuries/ conditions and physical and psychological injuries.</li> <li>Experience: Extensive experience working within Comcare, ACT and NSW Workers' Compensation.</li> <li>Management: Development and delivery of group and individual manual handling, ergonomic, injury management and risk management programs.</li> <li>Assessments: Provision of early intervention assessments and programs. Initial needs, ADL, workplace, ergonomic, vocational assessments and counselling, functional assessments, redeployment services, motivational interviewing and psychological counselling.</li> </ul>
	<b>Kevin Phang</b> Lead Consultant ACT	Exercise Physiologist Bachelor of Exercise Physiology and Rehabilitation	<ul> <li>ESSA Accredited Exercise         Physiologist (ESSAM AEP - 29470)     </li> <li>Comcare Accredited</li> </ul>	<ul> <li>Occupational rehabilitation assessment and management of cases to achieve RTW goals.</li> <li>Exposure to NSW and ACT Workers'         Compensation Schemes.</li> <li>Case management and RTW planning.</li> <li>Barrier and RTW goal identification, with recommendations for strategies to overcome and ability to work collaboratively to achieve medically suitable and sustainable work outcomes.</li> <li>Initial needs assessments, activities of daily living assessments, workplace assessment, ergonomic assessments.</li> </ul>



Contact nam	ie	Qualifications	Professional affiliation and registration	Skills and experience
	<b>Dheisha Pillay</b> Lead Consultant ACT	Occupational Therapist	ESSA Comcare registered	Over 10 years of experience
	Giuliana Peric Senior Rehabilitation Consultant ACT	Exercise Physiologist Bachelor of Exercise Physiology and Rehabilitation	<ul> <li>Accredited Exercise Physiologist, ESSA</li> <li>Accredited Exercise Scientist, ESSA</li> <li>Comcare – Workplace Rehabilitation Provider Training, number: 6807</li> <li>International FCE System Licence, WorkHab</li> </ul>	<ul> <li>Occupational rehabilitation assessment and ongoing management of physical and injury cases to achieve return to work goals.</li> <li>Provision of initial needs assessments, workplace assessment, ergonomic assessments and functional capacity evaluations.</li> <li>Exposure to NSW and ACT Workers' Compensation Schemes.</li> <li>Early Intervention Assessments and Early Intervention Programs.</li> </ul>
	Diane Schmerling Senior Rehabilitation Consultant ACT	Senior Rehabilitation Counsellor  B.A. Psychology (Hons)  M.A Clinical Psychology	ASORC – Full Member (11940)     Comcare Accredited	<ul> <li>Complex case management experience.</li> <li>Transitional counselling and Integrated adjustment to injury counselling.</li> <li>Biopsychosocial assessments including resilience, psych functional capacity evaluations.</li> <li>Motivational interviewing and counselling.</li> <li>Mental health support.</li> <li>Care plans incl goal setting, collaboration, review.</li> <li>Complex case management specifically for veterans, ADF, DFAT, and various insurers.</li> <li>Personal and professional knowledge of lifestyle factors and experience of ADF personnel.</li> <li>Vocational counselling/assessments.</li> </ul>

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Contact name	e	Qualifications	Professional affiliation and registration	Skills and experience
	Emma Chambers Senior Consultant ACT	Rehabilitation Counsellor  Bachelor of Health Sciences, Majoring in Rehabilitation Counselling Graduate Diploma in Rehabilitation Counselling	<ul> <li>Comcare – Workplace Rehabilitation Provider Training, Comcare Number: 6591</li> <li>Rehabilitation Counselling Association of Australasia Registration (ASORC), Number: 12323</li> </ul>	<ul> <li>Occupational rehabilitation assessment: Ongoing management of both physical and psychological injury cases to achieve return to work goals.</li> <li>Experience working within workers' compensation schemes and third-party motor accident insurers.</li> <li>Exposure to VIC, NSW, NT and ACT Workers' Comp.</li> <li>Delivery: Psychological worksite assessments and development of graded RTW programs for psychological and physical injuries/conditions.</li> <li>Initial assessments: Redeployment services including vocational assessments, transferrable skills analyses, labour market research, delivery of vocational counselling and motivational interviewing techniques to achieve RTW goals collaboratively with clients.</li> </ul>
	Tracey Holshausen Senior Consultant ACT	Occupational Therapist Bachelor of Science in Occupational Therapy	<ul> <li>Registered Occupational Therapist with AHRPA (OCC0002592237)</li> <li>Comcare Accredited</li> </ul>	<ul> <li>Assessments: Occupational rehabilitation assessment and management of cases to achieve return to work goals. Exposure to NSW and ACT Workers' Compensation Schemes.</li> <li>Management: Case management and RTW planning, barrier and RTW goal identification, with recommendations for strategies to overcome and ability to work collaboratively to achieve medically suitable and sustainable work outcomes.</li> <li>Initial needs assessments: ADL, workplace and ergonomic assessments. Provision of early intervention assessments and programs.</li> </ul>



Contact name	Qualifications	Professional affiliation and registration	Skills and experience
Madi Sternbeck- Ansell Senior Consultant ACT	<ul> <li>Exercise Physiologist</li> <li>Bachelor of Sports         <ul> <li>Coaching and</li> <li>Exercise Science</li> </ul> </li> <li>Master of Exercise         <ul> <li>Physiology and</li> <li>Rehabilitation</li> </ul> </li> <li>Eating Disorder         <ul> <li>Recovery Coach</li> </ul> </li> <li>NLP Practitioner</li> </ul>	<ul> <li>Professional Affiliation and Registration with ESSA</li> <li>Comcare Accredited</li> </ul>	<ul> <li>Adaptability: Respond to changing needs and pivot the direction of a team or stakeholder when necessary.</li> <li>Communication: Strong, verbal and written communication skills.</li> <li>High integrity with an infectious positive attitude.</li> <li>Experienced in negotiation and conflict resolution.</li> <li>Effective and sensitive approach to clients from indigenous and culturally diverse backgrounds.</li> <li>Proficient in managing escalated and complex claims.</li> <li>Client centred strategic thinking and outcome focus.</li> <li>Ability to think creatively and approach challenges from different perspectives.</li> <li>A strong desire to achieve project objectives that meet the client's key criteria and satisfies the needs of all stakeholders.</li> </ul>

